



North Star Discovery

Reconnect with Your Inner Compass

In seasons of change, it's easy to lose sight
of who you truly are.

The North Star Discovery offers you a
space to slow down, listen inward, and
reconnect with the steady compass that has
always been within you.





Who it's for

- ④ Individuals navigating life transitions or seeking deeper self-alignment
- ④ Those craving clarity before stepping into something new
- ④ Anyone feeling a quiet call to realign with who they truly are





North Star Discovery package

75–90 minute 1:1 deep-dive
coaching session

Reflection prompts before the
session (AI or journal on your own)

A full session recap and your own
North Star Statement



Shift North - Personal Coaching

Ready to find your North Star?

The trail to your true self is already inside you. Let's take the first steps together.



Shift North

support@shiftnorth.net

www.shiftnorth.net